

January 27, 1987  
Non-attachment

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SOME TIME DURING THE NIGHT I EXPERIENCED PERSONAL CONSCIOUSNESS WITHOUT THINKING COMPONENTS BEING PRESENT. IT BROUGHT INEXPRESSIBLE TOTAL FREEDOM. THE ABSENCE OF THE EMOTIONAL ATTACHMENTS OF LOVE, FEAR AND PARTIAL KNOWLEDGE WAS REALIZED, BUT ONLY RELATED TO A DIFFERENT PART OF MYSELF. THIS SCHIZOID EXPERIENCE OF A SORT OF SHARED TWO-LEVEL PERSONAL CONSCIOUSNESS WAS TRULY ENLIGHTENING.

AN ANCIENT CHINESE MASTER NAMED LU CHIU-YÜAN IN A WRITING CALLED THE CH'ENG WEI-SHIH LUN, SAID "THE HABIT INFLUENCES ARISING FROM THE TWO 'TAKINGS' ARE CALLED "ATTACHMENT" AND "TORPOR" OR "ANU". THEY ARE SO CALLED BECAUSE THEY ATTACH THEMSELVES TO SENTIENT BEINGS. THEY REMAIN TORPIDLY CONCEALED IN THE STOREHOUSE CONSCIOUSNESS. THROUGH THEIR ATTACHMENT THEY INCREASE THE FAULTS OF SENTIENT BEINGS. THEY ARE THE SAME AS THE SEEDS OF THE TWO BARRIERS: THAT OF WORLDLY KNOWLEDGE AND THAT OF THE DELUSIONS."