

February 12, 1988
Chakra reflections

4871

THE CHAKRA PSYCHIC CENTERS OF THE BODY ARE INTERACTIVE.
ONE CHAKRA CAN RESONATE WITH ANOTHER CHAKRA. THERE IS
A PARALELL BETWEEN THE CHAKRAS AND MUSIC, AS WELL AS THE
WELL KNOWN RELATIONSHIP OF EACH CHAKRA TO A SPECTRAL
COLOR.

IF THE SOUND OF MIDDLE C ON THE PIANO IS ASSIGNED TO
THE 5th CHAKRA THEN BY THE HARMONIC RULES OF PHYSICS
RESONANCE UPWARD IN PITCH WOULD INCLUDE THE OCTAVE HIGHER
OF C (THE 1ST HARMONIC), E IN THAT OCTAVE (THE 3RD) AND
G IN THAT OCTAVE (THE 5TH HARMONIC). IT IS INTERESTING
TO OBSERVE THAT BECAUSE OF THE MODIFIED SCALE OF THE
PIANO THAT B NATURAL, BEING $\frac{1}{2}$ STEP FROM C, ONE CANNOT
SOUND THE 7TH, 9TH AND 11TH HARMONICS OF OUR MIDDLE C!

I CAN'T HELP BUT WONDER WHAT WOULD BE THE STIMULATION EFFECT
ON THE CHAKRAS IF ONE COULD SOUND - THAT SEVEN NOTE CHORD
COMPRISED OF ALL THE NATURAL HARMONICS OF THE 7 MAJOR
CHAKRAS!

February 20, 1988
A soliloquy about prayer.

4971

VOLITIONAL PRAYER BY CLERGY AND LAITY ALIKE, INVOLVES AUDIBLE OR INAUDIBLE WORDS. FOR MANY PEOPLE IN BOTH OUR CULTURE AND THE CULTURE OF OTHERS, IT IS CONSIDERED THAT DELIBERATE ACTS OF PRAYER ARE ACCOMPLISHED BY THE SIMPLE APPRECIATION AND PERCEPTION OF BEAUTY IN FORM, SOUNDS, PERFUMES OF NATURE AND IN FACT NATURE IN ANY OF ITS MANY GUISES. IT SEEMS SELF EVIDENT TO ME THAT DELIBERATE AND VOLITIONAL PRAYER TO GOD IS POSSIBLE WITHOUT ANY USE OF WORDS AND THAT SUCH A PRAYER IS SOMETHING MORE THAN THE MAINTAINANCE OF " AN ATTITUDE OF GRATITUDE ", JUST AS NON-VOLITIONAL PRAYER IS SOMETHING LESS.

May 9, 1988
A perception of God

51 + 1

I PERCEIVE THAT THE GOD SYMBOLISM MY CONSCIOUSNESS CAN
COMPREHEND MUST START WITH REALIZATION THAT THE TOTALITY
OF WHAT IS MUST INCLUDE THE UNIVERSE MY PEERS AND I
EXPERIENCE AS WELL AS ALL POTENTIALITIES OF OTHER
UNIVERSES WE PRESENTLY DO NOT EXPERIENCE. GOD TO BE GOD
AND WITHIN MY PARTIAL COMPREHENSION AND INTUITION MUST
BE RELATED TO ALL POTENTIAL UNIVERSES AS WELL AS THE ONE
I EXPERIENCE; THUS TO THE TOTALITY OF WHAT IS. PUT ANOTHER
WAY, THE TOTALITY OF WHAT IS, EXPERIENCED OR NOT, IS RELATED
TO GOD.

July 9, 1988
Consciousness levels

53

FIVE LEVELS OF PERSONAL CONSCIOUSNESS ARE INTELLECTUALLY KNOWN. IN THEIR BEST MOMENTS MOST PEOPLE ARE ONLY VAGUELY AWARE OF THEIR CONSCIOUSNESS BEING A LAYERED COMPLEX. A COMPLETELY INTEGRATED INTER-LEVEL SELF CONSCIOUSNESS ESCAPES MOST OF US.

LEVEL 1

EGO CONSCIOUSNESS FOCUSED ON BODY AND LIFE STYLE AND THE RIGHT AND LEFT BRAINS.

LEVEL 2

SUBCONSCIOUS MENTALITY.

LEVEL 3

SUPERCONSCIOUS MENTALITY.

LEVEL 4

PARTICIPATION IN THE MASS WORLD SUBCONSCIOUSNESS.

LEVEL 5

SOUL

IT IS DIFFICULT BUT NOT IMPOSSIBLE FOR ALL FIVE LEVELS TO BE BROUGHT INTO MUTUAL AWARENESS BY TRAINING IN THE ACHIEVEMENT OF HIGH CONSCIOUSNESS.