

Easter Week 1996

Insight addition to "Lee's Ledger"

Personal research into the effect of frequent affirmations that I am conscious of being conscious, has disclosed the following:

Personal full consciousness, or awareness, during the dream state, has increased to include an ability to taste flavors and perceive fragrance. This brings the increase of personal consciousness during the dream state sort of full circle which includes, tactile, olfactory, taste, light and color - among equally real but difficult to describe perceptions.

This causes me to surmise that Nature has produced the conscious dream state in mankind to provide for that life form a glimpse of what personal awareness may be like after passage through the tunnel of life and entrance into complete and full awareness.

One notes that in this aware dream state what you perceive as your own persona as well as the persona of others seems to be absent during peak perceptual experiences.

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